

NorthStar Gymnastics Inc.

–Presents–

2025 Fall 1 Gymnastics Session

It begins September 2, 2025



Fall 1 Session
September 2nd – October 25th



PROGRAMS OFFERED

- *Girls & Boys Gymnastics
18 months – Adult / Beginner – Advanced
- *Cheer Tumbling
- *Competitive Team
- *Tramp & Tumble
- *Open Gyms
- *Birthday Parties
- *Field Trips

*** You Now Can Register and Pay Online ***

You can go to our website and click on the Parent Portal button and set up your account. You can also get our App. After you go to the Parent Portal you can get the App. If you need any assistance doing this call our office at 616-866-8731 or e-mail us and we can assist you.



PROGRAMS OFFERED

Parent and Tot

18 months – 3 1/2 years old. Coed

Our Parent and Tot Gymnastics and Fitness program is conducted in an exciting and active atmosphere. Our Goals Program and Curriculum involve gymnastics, fitness, and early childhood development skills. Parents and children will experience an awesome time in this class setting!

Tumble Bee 1 & 2

3 1/2 – 5 years old. Coed

(Tumble Bee 1 & 2 is a combined class where the teacher focuses on the child's specific goals.)

Tumble Bee 1: Our Tumble Bee 1 Gymnastics and Fitness program is conducted in an exciting and active atmosphere. This Program is designed for the preschooler who is ready for the social setting of the student/teacher based class. Our Goals Program and Curriculum involve gymnastics, fitness, and early childhood development skills.

Tumble Bee 2: Our Tumble Bee 2 Program is a progression of our Tumble Bee 1 Program and involves the same philosophy. Children must have graduated from our Tumble Bee 1 Program or be evaluated by a staff member.

Super Bee

4 1/2 – 5 years old. Coed

Our Super Bee Program involves the same philosophies as our Tumble Bee 1 & 2 Program and is considered an advanced preschool class. Our Super Bee Program is designed for those students who have graduated from the Tumble Bee 2 Program or have been evaluated by a teacher and found proficient in the required skills.

Boys Levels 1 & 2

6 years and up

(Levels 1 & 2 are combined classes where the teacher focuses on the gymnasts specific goals.)

Gymnastics is an awesome sport for anyone at any level! With our Goals Program and Curriculum we combine gymnastics and physical fitness in a progressive and enjoyable atmosphere.

Level 1: Our Level 1 Program is a great class for aspiring gymnasts who have graduated from our preschool program or have little or no previous gymnastic instruction.

Level 2: Our Level 2 Program is a progression of our Level 1 Program and requires completion of Level 1 or an evaluation by a staff member that shows the gymnast is proficient in the required skills.

Girls Gymnastics Levels 1-4

6 years and up

(Levels 1 & 2 are combined and Levels 3 & 4 are combined classes where the teacher focuses on the gymnasts specific goals.)

Gymnastics is an awesome sport for anyone at any level! With our Goals Program and Curriculum we combine gymnastics and physical fitness in a progressive and enjoyable atmosphere.

Level 1: Our Level 1 Program is a great class for aspiring gymnasts who have graduated from our preschool program or have little or no previous gymnastic instruction.

Level 2: Our Level 2 Program is a progression of our Level 1 Program and requires completion of Level 1 or an evaluation by a staff member that shows the gymnast is proficient in the required skills.

Level 3: Our Level 3 Program is a progression of our Level 2 Program and requires completion of Level 2 or an evaluation by a staff member that shows the gymnast is proficient in the required skills.

Level 4: Our Level 4 Program is a progression of our Level 3 Program and requires completion of Level 3 or an evaluation by a staff member that shows the gymnast is proficient in the required skills.

Tramp and Tumble 1 & 2

6 years and up. Coed

(Levels 1 & 2 are combined, coed classes where the teacher focuses on the individuals specific goals.)

Our Tramp and Tumble Program is an awesome class for anyone at any level! This program is for the person who wants to get involved with trampoline and tumbling skills.

Tramp and Tumble 1: Our Level 1 Program is a great class for aspiring person who have graduated from our preschool program or have little or no previous tumbling instruction.

Tramp and Tumble 2: Our Level 2 Program is a progression of our Level 1 Program and requires completion of Level 1 or an evaluation by a staff member that shows the individual is proficient in the required skills.

Cheer Tumbling Class

Our Cheer Tumbling Program is dedicated to cheerleaders (individuals thru entire teams) who are striving to reach their utmost potential in the sport of cheerleading. Cheer Tumbling has been developed to address all aspects of tumbling and can be applied to both sideline and competitive cheer. Contact our office for available days and times.

Northstar Gymnastics 2025-2026 School Year Schedule

Fall 1 Session Dates: Tuesday, September 2nd – Saturday, October 25th

Tuition

Monday classes are 7 weeks. All others are 8 weeks.

1 Hour, Parent&Tot, and Tumble Bee	8 wks	184.00
	7 wks	161.00
1 Hour 10 min	8 wks	197.00
	7wks	172.00
1 Hour 30 min	8 wks	226.00
2 Hour	8 wks	268.00



Parent Portal Registration:

<https://portal.iclasspro.com/northstargymnastics>

Classes & Times

Parent Tot (18mo.-3 1/2 years old)

Monday	5:10-5:55
Tuesday	10:40-11:25
Wednesday	10:40-11:25
Wednesday	6:10-6:55
Saturday	10:05-10:50

Tumble Bee 1&2 (3 1/2-5 years old)

Monday	4:00-4:50
Monday	5:05-5:55
Monday	6:05-6:55
Tuesday	11:35-12:25
Tuesday	5:05-5:55
Tuesday	6:05-6:55
Wednesday	11:35-12:25
Wednesday	5:10-6:00
Wednesday	6:05-6:55
Saturday	10:00-10:50

Super Bee (4 1/2-5 years old)

Tuesday	6:00-7:00
Wednesday	5:00-6:00
Saturday	11:00-12:00

Boys (6 years & up)

Monday	6:00-7:00
Saturday	11:00-12:00

Cheer Tumbling

Monday	7:00-8:00
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Tramp & Tumble (6 years & up)

Thursday	6:00-7:00
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Girls Level 1/2 (6 years & up)

Monday	4:00-5:00
Monday	5:00-6:00
Monday	6:00-7:10
Monday	7:00-8:10
Tuesday	4:00-5:00
Tuesday	7:30-8:30
Wednesday	4:00-5:10
Wednesday	7:00-8:10
Thursday	4:00-5:00
Thursday	5:00-6:10
Saturday	11:00-12:00

Girls Level 2/3

Monday	7:00-8:10
Tuesday	7:30-8:30
Wednesday	7:00-8:30
Thursday	4:00-5:00
Thursday	5:00-6:10
Thursday	6:00-7:00
Thursday	7:00-8:10

Girls Level 3/4

Tuesday	7:00-8:30
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Xcel Development (Invite Only Program)

Thursday	6:30-8:30
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Jr. Xcel Development (Invite Only Program)

Tuesday	5:00-6:30
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HOW TO REGISTER

**** Your registration is complete only when we have received full payment for your class. ****
You now can register online. Refer to the front on the packet, go to our website, or Facebook page.

1. You want a copy of the Student Information and Registration Form. This is the last page of this packet or you can download it at our website www.northstargym.net. On the main page click the "Programs Offered" button, then click on "How To Register", click on "Student Information Form", and you can download it. Fill out the personal information.
2. You need to fill out and sign the "Acknowledgment of Risk and Waiver of Liability" and "Permission to Treat" sections. We cannot except any student without this form. You cannot alter the form in any way.

Selecting A Class

Current Student

1. If you are currently enrolled in one of our programs and know what level your child is at go to the "Classes and Times" section and choose a class. You can confirm this class is available by calling our office and registering for that class.

Previous Student

1. If you are a previous student and know what level your child is at go to the "Classes and Times" section and choose a class. You can confirm this class is available by calling our office and registering for that class.
2. If your gymnast has been out of the sport for awhile they may need to refresh their skills at one of the previous levels. We can do an evaluation to determine their level. Please call the office to schedule an evaluation.

New Student

1. You will want to go to the section "Programs Offered".
2. Read through and determine what program you want for your child.
3. Go to the "Classes and Times" section and choose a class. You can confirm this class is available by calling our office and registering for that class. Fill this in on the Student Information and Registration Form.
4. If after reading this section you still aren't sure call our office and we will assist you in choosing the right class for your child.
5. If your child has had gymnastics experience somewhere else we can do an evaluation to determine what level your gymnast is at. Please call the office to schedule an evaluation.

Tuition and Annual Membership Fee

Tuition

1. After you have selected a class day and time go to the "Tuition" section and determine the amount for your class.
2. Multi-family discounts. This is for immediate family brothers and sisters only. If you have a second child taking classes, you get 5% off your total tuition. If you have three or more children in the program you get 10% off your total class tuition.
3. When you have determined your tuition amount fill this in on the Student Form.

Annual Membership Fee

1. This is a required annual fee. It runs from September 1, 2025 – August 31, 2026. This is a non-refundable fee. There are no discounts on this fee.
2. The Annual Membership is as follows: \$45.00. You only pay one per family.
3. Membership includes: Discounts to Open Gyms, Birthday Parties, and Special Events. Priority class mailings and registration dates.
4. If your child takes a session off they can still enjoy the benefits of the membership.
5. When you have determined your membership amount fill it in on the form.

When the form is filled out and you have totaled the amount you owe choose the method of payment. You can mail this to us or bring it in to our office. If at anytime you need assistance call our office. The address and phone number are on the front of this packet.

Thank You!

